



The Youth

“Do not let anyone look down on you because you are young, but be an example for the believers in your speech, your conduct, your love, faith, and purity.” Tim 4:12

March 2017
Sons & Daughters of St. Gabriel

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IMPORTANT DATES

**3/2: 4TH TOWN HALL MEETING, K OF C
6:30PM**

**3/8: CONFIRMATION & 7TH GRADE AFTER
6PM MASS**

**3/10: FLEX FRIDAY-
5:30-9:30PM**

**3/12: SONS & DAUGHTERS MASS
10AM**

**3/14: 5TH TOWN HALL MTG, ST. BRIDGET
6:30PM**

3/15: SONS & DAUGHTERS MTG AFTER 6PM MASS

**3/22: LENTEN PENANCE SERVICE
6PM**

3/23: 6TH TOWN HALL MTG, K OF C 6:30PM

3/27: SERVICE: HERITAGE HOUSE CRAFT 6:30-7:30PM

Introducing “The Youth”

Inspired by St. Maximilian Kolbe’s evangelical magazine, “The Knight of The Immaculate” or “The Knight,” the Sons and Daughters of St. Gabriel will be expressing, defending, and learning their faith through “The Youth.”



Our first Flex Friday was a success!

Learning the Faith

What does Lent Mean? By: Brianna Bentley, 7th grade

“Lent is a special time of prayer, penance, sacrifice, and good works in preparation of the celebration of Easter.” During Lent, let’s all take the time to thank Jesus for sacrificing his life for ours and even give up something that is taking up a lot of our social time.

Check out Brianna’s source to learn more:

<http://www.catholiceducation.org/en/culture/catholic-contributions/history-of-lent.html>

What do the Ashes Mean? By: Caroline Biehl, 8th grade

We all know that Ash Wednesday is when we get ashes on our forehead, fast, and give penitential prayer, but what do the ashes mean?

The ashes symbolize the dust with which God created us. When the priest places the ashes on our foreheads, he says, “Remember that you are dust, and to dust you shall return.” This comes from the Bible! Genesis 3:19 says, “By the sweat of your brow you shall eat bread, until you return to the ground, from which you were taken; for you are

The word "Lent" comes from the old English, "lencten," which means "spring."



*Heritage House-
Monthly Craft
Night*

dust, and to dust you shall return." Ashes can also symbolize grief; you are grieving that you have sinned and caused division between you and God.

Why do we fast and give penitential prayer? Ash Wednesday is the beginning of Lent which is when we give penance, reflect, and fast. This prepares us for Christ's Resurrection. Some people take the whole day off from work for prayer and fasting. It is considered inappropriate to dine out, shop, or go out in public after receiving the ashes. Feasting is also considered inappropriate; however small children, elderly, and the sick are exempt from this observance.

Living the Faith: Homeland Missions Project

The Archdiocesan Homeland Mission Project on June 11-16, 2017 is for anyone entering their freshmen through senior year.

Ryan McIntyre, 11th grade, went last year. He said, "It felt really good to be able to help other people from our home state."

Teens spend a week at the Benedict Inn in Beech Grove, IN. Each day, they leave to serve those in need in the community: homeless, elderly, children, hungry, etc. The week also includes nightly reflection, mass, and social activities.

You don't have to travel far to do Christ's work.

Please contact Denise to sign up! Go to www.archindyym.com/homeland-mission for more information.

*"Going to Latin Mass gave me a good appreciation for how Mass was done for centuries. I believe everyone should go once and see how our ancestors went to Mass."
-Ryan McIntyre, 11th grade*

Latin Mass Reflection: "in persona Christi"

By Michael Biehl, 10th grade

Christ comes to us in many ways. As Catholics, we believe that the bread and wine become the body and blood of Christ at Mass. He is also present when the scriptures are proclaimed at Mass.

Last weekend, fellow St. Gabriel youth and I were able to experience the old Latin Mass. At this Latin Mass, the people in the pews would bow their heads in reverence to both the crucifix and the priest. This act of bowing used to be widespread in many churches but has since gone away. The least I could do is bow in respect and reverence.

What many don't realize is that Christ is also present in the person of the priest at Mass or "in persona Christi." In Latin, this means "in the person of Christ." Jesus spiritually and physically acts through the priest himself. During mass, the priest is to become "the living image of God."*

This Lent, I would challenge all of us to start showing reverence for the representative of Christ and crucifix by bowing our heads when they pass our pew in procession. Everything we do in Mass matters. Every movement, gesture, and action conveys spiritual truths. They help remind us the importance of what we are doing and help remind those around us too.

From this renewed understanding of who the priest represents, we can be led to deeper reverence at Mass. When that opening song begins and the celebrant, who acts in the person of Christ, processes down the aisle, how do we act?

**See the Catechism of the Catholic Church for more information!*



*Latin Mass
Holy Rosary Church*